American Holly Trail

The trail follows a gentle grade making it suitable for all levels of hiking and biking fitness. It joins with the Bob Trail to form a loop.

Bob Trail

The Bob Trail is named after former Delaware State Senator Robert Venables, Sr. A native of Sussex County, Robert or "Bob" was a dedicated supporter of Delaware State Parks and a frequent visitor to Trap Pond State Park during his 16 years in the State Senate. The Bob Trail loops around Trap Pond linking the Day Use Area, Campground and Baldcypress Nature Center. Trail users will witness abundant wildlife, wildflowers, baldcypress trees, and fresh water wetlands.

Cypress Point Trail

This loop trail meanders along the ponds edge through a mixed forest where abundant baldcypress trees flourish in the park’s wetlands. The trail is ideal for all levels of hiking and biking fitness.

Island Trail

This short loop trail meanders along the pond’s edge over a packed earth surface. The trail connects with the American Holly and Bob Trails and is suitable for all levels of hiking and biking fitness.